

## What kind of food do you serve?

*98% of our food is made from scratch and sourced locally. We have an organic garden on site where we harvest fresh fruit and vegetables during the summer months. We get vegan protein from a vegan deli in Minneapolis. For gluten free, we use rice flour, almond flour, or a GF blend. We can make about any dessert GF. Below are samples of dishes we serve for various meals.*

### **Breakfast**

scrambled eggs

thick cut apple wood smoked bacon

turkey sausage

egg bake

frittatas

omelets

quiche

breakfast potatoes

hash browns

french toast

pancakes with blue berries from our garden

fresh baked scones

fresh cut fruit

We also have assorted yogurts, cold cereal, and assorted flavors of instant oatmeal. For vegans and vegetarians, we serve veggie based breakfast sausage, vegan eggs, we use vegan cheese and butter. We use gluten free products as well such as pancakes and french toast.

### **Lunch**

soup and sandwich bar

chili and baked potato bar

taco bar

burgers and brats

chicken pot pie (can be made GF, DF, or vegan)

example meal: smoked ham sandwich topped with caramelized granny smith apple and onions and melted brie cheese on a pretzel bun, served with sweet potato fries

Soups include: wild rice, tomato bisque, squash bisque, clam chowder, vegetable beef, beef chili, or white chicken chili). All soups can be made GF, DF, and vegan.

### **Dinner**

grilled steak with mushroom sauce finished with white truffle oil

stuffed pork wrapped in bacon

grilled salmon

pecan crusted chicken with maple beurre blanc sauce

fajita bar with cilantro lime shrimp, chicken or steak, Spanish rice, cheesy black beans

pasta bar with creamy alfredo and house made red sauce with roasted chicken and roasted vegetables

beef stroganoff with diced tenderloin served over creamy mashed potatoes and roasted asparagus

All lunch and dinner meals are served with a protein, salad, side, and dessert.

### **Dessert**

7-layer bars

lemon bars

triple chocolate brownies

white chocolate cranberry oatmeal cookies

snickers doodles cookies

cheese cake

ice cream sundaes

carrot cake with cream cheese frosting

semifreddo

sorbet